

# HOLY FAMILY PARISH

04 February 2018 5<sup>th</sup> Sunday of the Year  
Readings: B Psalter: Week 1



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(Mon-Thurs 8.30am – 2pm, Fri 9am – 1pm)  
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## PARISH MASS TIMES & ADORATION

**Holy Family Church**  
M-F 9.15am, Sat Vigil: 6.30pm, Sun 10am & 12noon  
Confessions: Sat 5.45pm – 6.15pm  
Adoration: Mon 10am – 4pm  
**St Thérèse Church**  
Mon-Sat: 10am, Sat Vigil: 6pm, Sun 10.30 & 12  
Confessions: Sat 5.15pm – 5.45pm  
Perpetual Adoration: Sun 1pm – Sat 5.45pm  
(**Eucharistic Adoration urgently requires people** in St Therese Church between Midnight and 6am).

**Tridentine Mass** in St Thérèse, Sundays at 4pm.  
**Divine Mercy** in Holy Family, Fridays at 3pm.

## REST IN PEACE

**Recently Deceased:** Mary Rice, Margaret Turner & Michael Cullen  
**Month's Mind:** Barney Devenny & Kieran McWilliams  
**Anniversaries:** Kathleen Lynn, Richard Lynn, Hugh Johnson, Margaret & Samuel Shannon, Martha & Vincent McGhee, Seamus Haughey, Hugh Herdman, Eileen Gill, Phil McIlwee, Una McMahon (1<sup>st</sup>), Kathleen Foreman, Ethan Canavan, Gareth Honey & Michael McCaughey  
**ETERNAL REST GRANT UNTO THEM O LORD**

## COLLECTIONS

The **weekly collection** on Sunday 28 January came to £3300.49. Your generosity is much appreciated.

## BAPTISMS IN JANUARY

Conor Michael Neeson, Dara-Trasa Rose Callaghan, Leo Martin Walsh, Aubree Hope Neeson, Enda John McAloon & Fionn Patrick Cassidy.

## 100 CLUB BUILDING FUND WEEK 40

£200 – Aoife Shannon, Glanworth Gardens & Mr and Mrs Sinnott Kilkenny, Salisbury Ave  
£100 – Anne Loughran, Firmount & LB Edwards, Cavehill Road  
Promoter's Prize – Anne O'Kane  
**CONGRATULATIONS TO ALL THE WINNERS!**

## MASSES IN THE COMING WEEK HOLY FAMILY

Sat 10<sup>th</sup> (6.30pm) Gertrude McKeever MM  
Sun 11<sup>th</sup> (10am) Vincent Meenehan  
Sun 11<sup>th</sup> (12 noon) Mary Goldsmith  
**ST THERÈSE**  
Mon 05<sup>th</sup> (10am) Kathleen Foreman  
Tues 06<sup>th</sup> (10am) Gareth Honey  
Thurs 08<sup>th</sup> (10am) Michael McCaughey  
Sat 10<sup>th</sup> (10am) Nancy McCabe MM  
Sun 11<sup>th</sup> (10.30am) Fergus Manning (1<sup>st</sup>)  
Sun 11<sup>th</sup> (12 noon) Alma Crilly MM

## MASS FOR THE ANOINTING OF SICK AND BLESSING OF CARERS

Annual Mass of the Anointing of the Sick in Holy Family Church next Sun 11th Feb at 3pm. Our sick Parishioners, as well as their Carers and family, are especially welcome. If you require transport, please contact the Parish Office.

## WORLD MEETING OF FAMILIES

Today's Parish Prayer Service (5pm-5.30pm in Holy Family Church), in preparation for the World Meeting of Families will mark the end of Catholic Schools Week. All school staff and governors, including those who have retired, are invited to attend. Refreshments will be served afterwards in the Gathering Space. A warm welcome to all.

## EVANGELIUM

An 8-week course in our Catholic faith in 28 Fortwilliam Pk, started 02 Feb at 7pm. Sr Marie-Joseph 90787413.

## PILGRIMAGES

**Medjugorje, Fatima & Glendalough.** Contact Teresa Berne on 9059 1495 or 07470304695.  
**Fatima** - Spiritual Director Fr. Martin Graham. Contact Joe Catney, 9071 4001/07776425631.  
**San Giovanni Rotondo, Loreto & Montecassino,** Spiritual Director Canon Sean Rogan. Contact 4461 3288

## PARISH YOUTH FAITH DEVELOPMENT

The Parish GIFT programme for year 10s and the new John Bosco programme for year 11s who completed the Parish GIFT 3 programme last year, are starting soon. Further details in next weekend's bulletin.

## BABIES BAPTISED BETWEEN JAN & NOV 2017

Those families unable to attend the baptism celebration on 07<sup>th</sup> January are invited to collect their babies' name tags from the Parish Office. These are the name tags that were hung on the baptism tree after your baby's baptism.

## WORLD MEETING OF FAMILIES 2018

## LENT 2018 – STARTS WEDNESDAY 14<sup>TH</sup> MARCH

### Mass on Ash Wednesday – 14<sup>th</sup> February

Holy Family Church - 7.30am & 9.15am  
St Therese Church - 10am & 7pm

### Oremus - Lenten Faith Development Programme

Oremus is a guide to Catholic prayer and provides simple, yet profound steps to an effective and fruitful prayer life. You will discover how God speaks to you, even in the smallest encounters. Following the Tradition of the Catholic Church and the wisdom of the saints, you will learn how to express yourself to God in prayer, and how to hear his voice. Oremus is delivered via a 30 minute DVD input and then group discussion with a cup of tea. It will begin Tues 20th Feb 7.30pm-9pm in Holy Family Church, running the 6 Tuesdays of Lent. There will be a workbook available, cost £15. This will be a valuable and necessary resource to assist your journey. Come join us. Please contact the Parish Office, if you wish to attend.

### Early Morning Mass

Monday-Friday in Lent at 7.30am in Holy Family Church

**Lenten Pioneer Pledge.** Register at 9089 4070 or Ian 9061 6601. Prayer: "I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink until the end of Lent."

## BEGINNING EXPERIENCE

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering 'a weekend away for a lifetime of change' at Drumalis, Larne, Friday 2nd – Sunday 4th March 2018. To find out more, contact Phil: 02890 207645 or Marie 07896119669 or email [bebelfast@hotmail.com](mailto:bebelfast@hotmail.com). Support group continues Wednesday evenings at 8pm in St Bride's Hall, Derryvolgie Ave., Belfast

## FOSTER CARING

"Til I Grow Up", information evening on Thursday 22nd February, 7-9pm at the Crowne Plaza Hotel, Shawsbridge. To register for the event, contact 9504 0057 or email [mairead.sloan@setrust.hscni.net](mailto:mairead.sloan@setrust.hscni.net).

## POPE'S INTENTIONS IN FEBRUARY

### Universal: Say "No" to Corruption

That those who have material, political or spiritual power may resist any lure of corruption.

## LOURDES 2018

Currently seeking nurses (on the NMC live register - working in any area) to join the volunteer staff of the Diocesan Pilgrimage (11-16th July). Subsidised fare for nurses is £520. Contact 9064 6040 or [lourdes@downandconnor.org](mailto:lourdes@downandconnor.org)

## DAY OPPORTUNITIES PROGRAMME FOR OLDER PEOPLE

In St Joseph's Centre for Deaf People, Grosvenor Road, every Tues from 06th Feb. Meet new people and enjoy activities, including cookery, arts & crafts and alternative therapies. Transport and help with cost. Contact Fr Devlin 07910833699

## COUNTDOWN IS ON: 198 DAYS TO GO

## STUCK FOR A LENTEN RESOLUTION?

### Prayer:

*Adoration* perpetually in St Therese, or Holy Family on Mondays  
*Faith Development* - join us in Holy Family Church on Tuesday evenings of lent for the Oremus course (see separate item)  
*Confession* (see bulletin for weekly Confession times)

### Family Prayer:

*Grace before meals*  
*Read Popes letters* – Laudati Si, Joy of Love  
*Mini pilgrimage with family* – Slemish, Croagh Patrick, Drumalis  
*Family rosary*

### Fasting:

*From TV, computer games and social media*  
*From the clenched fist* –complaining, gossiping, foul language  
*From meat* every Friday (and maybe Wednesday)

### Almsgiving:

*Give your time* to a voluntary group in our Parish.  
*Place a Trocaire box* in a prominent place in your home.  
*Donate to St Vincent de Paul* after Sunday Mass

## TROCAIRE BOXES

Will be available next weekend.

**Lenten Crusade for Life** -Why not offer up your prayer and fasting during Lent for the Protection of the Unborn?

**Lenten Retreats in Dromantine.** Sat 17th Feb -Fr. Aodhán McCrystal, SMA & Sat 10th March -Fr. Des Corrigan, SMA

## ALCOHOLICS ANONYMOUS

Meetings in 174 Trust Centre @ 12.30pm M.– S. National Helpline 08457697555. Local Enquiries 9035 1222.

## MR SPORTS MID TERM CAMP

In Trinity College. 9am-3pm, Mon 12th - Fri 16th Feb. £12.50 per day. Email : [info@mr-sports.co.uk](mailto:info@mr-sports.co.uk) or ring 07514 705720

## WORLD MEETING OF FAMILIES ~ PRAYER

God, our Father, we are brothers and sisters in Jesus your Son, one family, in the Spirit of your love. Bless us with the joy of love. Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, especially those for whom we now pray: [*We pause and remember family members and others by name....*] Increase our faith, strengthen our hope, keep us safe in your love, make us always grateful for the gift of life that we share. This we ask, through Christ our Lord. Amen.

Mary, mother and guide, **pray for us.**

Saint Joseph, father and protector, **pray for us.**

Saints Joachim and Anne, **pray for us.**

Saints Louis and Zélie Martin, **pray for us.**

## CHILDREN'S CORNER

'I hope you didn't take it personally, Father', an embarrassed woman said after Mass, 'when my husband walked out during your sermon.' 'I did find it rather disconcerting,' the priest replied. 'It's not a reflection on you, Father' insisted the church goer. 'John has been walking in his sleep ever since he was a child.'