

HOLY FAMILY PARISH

04 March 2018

Third Sunday of Lent

Readings: B

Psalter: Week 3



V. Rev. Paul Strain Adm. 90743119

Rev. Paul Morely CC 90743119

Canon Brendan Murray 90205041

Emergency Telephone: 07778996031

Parish Office: 90743119

(Mon-Thurs 8.30am – 2pm, Fri 9am – 1pm)

Office email: holyfamily@downandconnor.org

Website: holy-familyparish.com

PARISH MASS TIMES & ADORATION

Holy Family Church

M-F 9.15am, Sat Vigil: 6.30pm, Sun 10am & 12noon

Confessions: Sat 5.45pm – 6.15pm

Adoration: Mon 10am – 4pm

St Thérèse Church

Mon-Sat: 10am, Sat Vigil: 6pm, Sun 10.30 & 12

Confessions: Sat 5.15pm – 5.45pm

Perpetual Adoration: Sun 1pm – Sat 5.45pm

(Eucharistic Adoration urgently requires people in St Therese Church between Midnight and 6am).

Tridentine Mass in St Thérèse, Sundays at 4pm.

Divine Mercy in Holy Family, Fridays at 3pm.

REST IN PEACE

Anniversaries: Hugh Faherty, Rosie & Barney Thompson, John & Bernard Thompson, Margaret Kane, James Blake, Geraldine Hinds (20th), Harold Scott (10th), James Cromie, Patrick Aldridge (1st), Elizabeth & Francis Foster, Andrea Brown, Joseph Craig, Eamon Fitzpatrick, Jane Crilly (1st), Bernie Cunningham & The Cunningham Family, Enrique Benasa, Catherine Gallagher, Kathleen Susan O'Neill & Kathleen Gilmore

COLLECTIONS

The weekly collection on Sun 25th Feb came to £3358.84. The collection for **World Meeting of Families** was £665.89. Your generosity is appreciated.

100 CLUB BUILDING FUND

WEEK 44

£200 – Mr & Mrs O'Keefe, Cavehill Road & Eileen Donnelly, Taunton Avenue

£100 – Frances Greene, Bristol Avenue & Janette McGarry, Victoria Gardens

Promoter's Prize – Patricia Connolly

CONGRATULATIONS TO ALL THE WINNERS!

PARISH YOUTH FAITH DEVELOPMENT

GIFT 3 (starting Wed 21st March @ 7pm in Holy Family Gathering Space) For year 10 young people, the programme is filled with fun activities, as well as helping the children learn about themselves and their faith. Forms can be completed on the night. Contact the Parish Office.

LIVING YOUTH - HABITAT FOR HUMANITY

Gala ball in support of the African partnership, in the Titanic suite, on Friday 27th April. Contact Kiera on 90232432, or visit www.habitatni.co.uk

ONE DAY RETREAT ON LOUGH DERG

Save the date - our 3rd Annual Parish One Day Retreat on Lough Derg will be on Sunday 20th May 2018. Further details will follow in the Bulletin after Easter.

NEWINGTON DAY CENTRE

Newington Day Centre have Lenny the dementia friendly barber at the centre on Thursday 22nd March. Hair cut is £10 and hot towel wet shave is £8 or the two for £15. Please contact Louise on 90351947. Visitors must be accompanied by carer and payment made direct to barber.

We ask you to help us raise £6000 in 6 weeks - donation of £30 (cash or cheque) (or whatever you can afford) to pass on the gift of Day Care to another family, in person at Newington Day Centre, 31-35 Atlantic Avenue, 90351947.

MASSES IN THE COMING WEEK

HOLY FAMILY

Mon 05th (9.15am) Elizabeth & Francis Foster

Thurs 08th (9.15am) Andrea Brown

Fri 09th (9.15am) Joseph Craig

Sat 10th (6.30pm) Kathleen McGahan MM

Sun 11th (10am) Kathleen Gibney

ST THÉRÈSE

Mon 05th (10am) Enrique Benasa

Tues 06th (10am) Catherine Gallagher

Thurs 08th (10am) Kathleen Susan O'Neill

Sat 10th (6pm) Joe & Chrissie Sloan

Sun 11th (12 noon) Joseph McNicholl MM

CELEBRATING SAINT PATRICK'S DAY – SATURDAY 17TH MARCH

Mass times:

Holy Family Church - 9.15 and 11am

St. Therese Church - 7pm Vigil and 10am

Everyone is warmly invited to Holy Family Gathering Space after the 11am Mass. Come and enjoy a special celebration including Irish Traditional Music, Irish stew (Hospitality Team) and pages for the children to colour.

Shamrocks will be on sale after Masses in St Therese Churches next weekend 10th/11th March. Cost £1.

DIOCESAN LOURDES PILGRIMAGE (JULY 2018)

Youth and adult forms are available from the Parish Office. 7 nights £725, 5 nights £650 and Youth Team 8th – 17th July (£590). www.lourdes@downandconnor.org

WORLD MEETING OF FAMILIES 2018

LENT 2018

Oremus - Lenten Faith Development Programme

Oremus is a guide to Catholic prayer and provides simple, yet profound steps to an effective and fruitful prayer life. Running in Holy Family Church at 7.30pm for the remaining 4 Tuesdays of Lent. Not too late to join. Workbook £15. This will be a necessary resource to assist your journey. Please contact the Parish Office, or come along on Tuesday night.

Early Morning Mass

Monday-Friday in Lent at 7.30am in Holy Family Church.

STUCK FOR A LENTEN RESOLUTION?

Prayer:

Adoration perpetually in St Therese, or Holy Family on Mondays

Confession (see bulletin for weekly Confession times)

Family Prayer:

Grace before meals

Family rosary

Fasting:

From TV, computer games and social media

From the clenched fist –complaining, gossiping, foul language

From meat every Friday (and maybe Wednesday)

Almsgiving:

Give your time to a voluntary group in our Parish.

Place a Trocaire box in a prominent place in your home.

Donate to St Vincent de Paul after Sunday Mass

MUSIC FOR A LENTEN EVENING

In St. Brigid's Church on 9th March at 7.30pm. St. Peter's Cathedral Schola Cantorum and St. Brigid's Choir. All welcome. There will be a retiring collection.

LENT IN TOBAR MHUIRE

Talk Back evening Wed 7th Mar at 7.30pm, to explore signs of hope and challenges facing the church and our community today. Panel includes Frs. Brian D'Arcy and Gary Donegan.

RADIO MARIA IRELAND

Irish-run Catholic Talk-Radio Station. Prayer, Catechesis, Uplifting music, Talks, Interviews and Testimonies – all commercial free – Listen via free App "Radio Maria Ireland", streaming on www.radiomaria.ie or via phone – get live radio feed by calling 0035314373277 (no extra charges apply). Please join our growing faith family.

TEA DANCE

Tues 6th March, 2pm-4pm in St Bernard's Pastoral Centre. Admission £3. All welcome.

RESURRECTION NURSERY & PLAYGROUP

Now enrolling for September 2018. Contact Rachael on 90391012 for info. Forms are available at the Nursery.

BUS OF LIGHT FOR LIFE

Bus to The March for Life on Sat 10th March from St. Mary's Church Chapel Lane to Dublin, to pray for the protection of human life in Ireland. Leaving Belfast city centre at 9am and picking up at Sprucefield at 9.20 am, arriving at St. Saviours Church Dublin for the Mass for Life at 12.30pm. Leaving Dublin at 7pm. Cost £10. Contact Orla on 07545 452362

COUNTDOWN IS ON: 170 DAYS TO GO

WORLD MEETING OF FAMILIES 2018



Holy Family Parish Care Fair - Saturday 3rd and Sunday 4th March 2018 - POSTPONED

Due to the inclement weather, the Care Fair has been postponed, to be rearranged after Easter. Details will follow.

Octopus for Preemie

Ever thought of becoming an Octopal by knitting or crocheting an octopus or a little hat for premature babies? We would like to offer support to prematurely born babies and their families who may be in distress in their early days of life. Evidence suggests that the comfort of a sterilised knitted octopus may prevent babies from pulling out devices like monitors or tubes and create the feeling of being in the womb. Please contact the Parish Office. **Sincere thanks to the many people who have volunteered to meet this need. It's not too late to join up!**

Mother's Day, Sunday 11th March - Celebrate as one global family in Holy Family Parish!

Please remember to bring your contribution to the Food Bank next weekend, (collection points at Holy Family and St Therese) and join in the Mother's Day Celebration in the Gathering Space after the Weekend Masses. You and your family are invited to celebrate Mother's Day at Our Table with breakfast in Ethiopia, lunch in Kenya, dinner in Syria and supper Holy Family style after all Masses on Sat 10th and Sun 11th March in Holy Family Gathering Space. Please bring an item of non-perishable food* which will be donated to the North Belfast Food Bank. *Suggested items of food include: cereal, tinned tuna, tinned meat, jam, tinned fruit, rice, instant mash, crackers, baby food, tea, coffee (they have sufficient tinned beans, tinned veg, soup). Suggested Non-food items include: sponges, hand / baby wipes, laundry powder, nappies, sudocreme, washing up liquid

WORLD MEETING OF FAMILIES ~ PRAYER

God, our Father, we are brothers and sisters in Jesus your Son, one family, in the Spirit of your love. Bless us with the joy of love. Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, especially those for whom we now pray: *[We pause and remember family members and others by name....]* Increase our faith, strengthen our hope, keep us safe in your love, make us always grateful for the gift of life that we share. This we ask, through Christ our Lord. Amen.

Mary, mother and guide, **pray for us.**

Saint Joseph, father and protector, **pray for us.**

Saints Joachim and Anne, **pray for us.**

Saints Louis and Zélie Martin, **pray for us.**

CHILDREN'S CORNER

A cannibal was complaining to his cannibal buddy.

Cannibal 1: "I have such a stomach ache."

Cannibal 2: "Was it something you ate?"

Cannibal 1: "I don't think so. I boiled and ate a Franciscan priest."

Cannibal 2: "There's your problem - he's a Friar!"

(Apologies from the Editor for the groan factor!).