

HOLY FAMILY PARISH

North Belfast Pastoral Community
(Holy Cross, Holy Family, Sacred Heart,
St. Patrick's & St. Vincent de Paul)

10 February 2019 5th Sunday in Ordinary Time
Readings: C Psalter: Week 1



V. Rev. Paul Strain Adm. 90743119
Rev. Paul Morely C.C. 90743119
Canon Brendan Murray 90205041
Deacon Brendan Dowd 90743119
Emergency Telephone: 07542430058
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(Mon-Thurs 8.30am – 2pm, Fri 9.30am – 1pm)
Office email: holyfamily@downandconnor.org
Website: holy-familyparish.com
Pastoral Community Churches
Holy Cross- V. Rev. Eugene McCarthy CP (90748231)
Sacred Heart- V. Rev. Darach MacGiolla Cathain (90751543)
St. Patrick's- V. Rev. Eugene O'Neill (90324597)
St. Vincent de Paul- V. Rev. Patrick Devlin (90713401)

PARISH MASS TIMES & ADORATION

Holy Family Church
M-F 9.15am, Sat Vigil: 6.30pm, Sun 10am & 12noon
Confessions: Sat 5.45pm – 6.15pm
Adoration: Mon 10am – 4pm
St. Thérèse Church
Mon-Sat: 10am, Sat Vigil: 6pm, Sun 10.30 & 12noon.
Confessions: Sat 5.15pm – 5.45pm
Perpetual Adoration: Sun 1pm – Sat 5.45pm
(Eucharistic Adoration urgently requires people in
St Therese Church between Midnight and 6am).

Tridentine Mass in St Thérèse, Sundays at 4pm.
Divine Mercy in Holy Family, Fridays at 3pm.
First Saturday Devotions in Holy Family at 3pm

COLLECTIONS

The **weekly collection** for Sunday 03rd February came to £3232.96 and the **monthly collection**, for the support of our priests, was £2683.15. Thank you for your continued support.

ANNUAL MASS FOR THE ANOINTING OF SICK AND BLESSING OF CARERS

In Holy Family Church TODAY SUNDAY at 3pm.
Our sick Parishioners, as well as their carers and family, are especially welcome.

100 CLUB BUILDING FUND WEEK 40

£200 – Mrs M. Walsh, Ponsonby Avenue & Marie Webb, Evelyn Gardens
£100 – Sally Lavery, Duncoole Park & Mrs E Crean, North Circular Road
Promoter's Prize – Sheila Gallagher

REST IN PEACE

Recently deceased: Bridie Burnside, John McBride, Brenda Cooke & Nan Collins
Month's Mind: Theresa Fitzpatrick
Anniversaries: George & Cassie McCullough, Johanna Lewis, Hannah Fitzsimons, Mary Goldsmith, Kathleen Ferguson, Vincent Meenehan, Joe McNicholl (1st), Eileen Bell, Abraham Pothen, Margaret & Michael Broderick, Margaret & Samuel Shannon, Angela Faherty, Bridie McLaverty

ETERNAL REST GRANT UNTO THEM O LORD

MASSES IN THE COMING WEEK

HOLY FAMILY

Fri 15th (9.15am) Eileen Bell
Sat 16th (6.30pm) Kathleen McGahan
Sun 17th (10am) Eddie Keenan (1st)
Sun 17th (noon) Lesley Weir (1st)
ST. THÉRÈSE
Fri 15th (10am) Abraham Pothen
Sat 16th (10am) Eileen Walsh MM
Sat 16th (6pm) Caoilte Fitzsimons MM
Sun 17th (10.30am) Gerry Devine & the Deceased
Members of the Devine Family
Sun 17th (noon) Fr Brian Hart

LAY DOMINICANS

Meet today Sunday at 3pm in 28 Fortwilliam Park. New members are welcome.

DIOCESAN VOCATION WEEKEND

“Ask Jesus what he wants from you and be brave!” (Pope Francis) Join us at the Vocations Weekend in Drumalis Retreat Centre, Friday 15th – Sunday 17th February.
Contact Fr. Kevin on 90614567 or email: vocations@downandconnor.org

DESIGNATED DAYS OF REMEMBRANCE

08th February 2019

For a generous welcome of the victims of human trafficking, of enforced prostitution, and of violence.

15th February

On this day we remember especially victims and survivors of abuse. Jesus said, “Let the Little Children come to me and do not hinder them For the Kingdom of God belongs to them” (Mark 10:4)
This is what God asks of you....only this
To ACT JUSTLY, to LOVE TENDERLY and to WALK HUMBLLY with your God

MOTORIST'S PRAYER

Before we take a place behind this wheel, we pray. Most Sacred Heart of Jesus, guide us on our way. Virgin Mary, Morning Star, from all danger guard this car. Which thou Dear Lord give us to enjoy. Grant its purpose be to safeguard, and not destroy. Amen.

BEGINNING EXPERIENCE

The loss of a partner through death, separation or divorce is devastating. Beginning Experience is offering ‘a weekend away for a lifetime of change’ at Drumalis, Larne, Fri 22nd – Sun 24th February. To find out more, contact Phil: 02890 207645 or Marie 07896119669. Support group continues Wednesday evenings at 8pm in St Bride's Hall, Derryvolgie Avenue.

GROUPS AT PARISH CENTRE, CAVEHILL RD

Resurrection Nursery/Playgroup Monday-Friday
Fitsteps Mondays (8.15pm).
Geoff's Yoga Classes Tues (6.30pm), Wed (10am, 11.30am, 6.30pm and 8pm) and Thurs (9.30am and 11am). £20 for 5 weeks. 07759266713
Parent & Toddlers Mondays & Tuesdays (10am)
Beavers Mondays (7pm).
Karate Tuesdays (7pm).
Spred Every 2nd Tuesday (7.30pm)
Adult Irish Dancing (solo & ceili) Tuesdays (8.30pm)
Contact Anne : 90324732/07714233298
e:annereidrishdance@gmail.com
Crafts/Sewing Wednesdays (10am).
Cubs and Scouts Wednesdays (7.30pm).
Whist Wednesdays (7.30pm).
Irish Dancing Thursdays (5pm)
Indoor Bowls Thursdays (7.15pm)

PILGRIMAGES

DIOCESAN LOURDES PILGRIMAGE (JULY 2018)

Youth and adult forms are now available from the Parish Office. 9th – 16th July £725, 10th – 15th July £650 (£550 for sick pilgrims) and Youth Team 7th – 16th July (£590).

SEEKING NURSE VOLUNTEERS

For the Diocesan Pilgrimage to Lourdes (10-15 July). Please contact lourdes@downandconnor.org

ST. PATRICK'S PARISH PILGRIMAGE TO FATIMA

8th -14th September, cost €875pps. €300 deposit required - 00353 57 93 55050 or info@culturalconnections.eu
Deadline 22nd Feb. Contact Deirdre Douglas 07843006560, (e-mail deirdredouglas@virginmedia.com)

DUBLIN MEDJUGORJE PILGRIMAGE GROUP

..for the Youth Festival 2019 at August Bank Holiday weekend. One of the biggest events of the year in Medjugorje. Ex Dublin costs €725 pps for 7 nights. Payment can also be made in instalments. Contact James Treacy 061-921470 or contact Joe Walsh Tours on 01-2410800

FRIENDS OF ST THÉRÈSE JUSTICE AND PEACE PILGRIMAGES

To Medjugorje, Divine Mercy in Poland and in the Footsteps of St Paul in Malta. All profits go to the Third World. Contact 90245547/daniel.morgan5@btconnect.com

CHILDREN'S LITURGY DEVELOPMENT DAY

Places still available on the Development Day for leaders of Children's Liturgy of the Word, on Sat 16th Feb, 9.30am-4pm in the new Living Church offices at 120 Cliftonville Road. To register, please email c.collins@downandconnor.org or ring the Living Church Office on 9069 0920. Lunch and all necessary resources will be provided free. Registration closes Wednesday 13th February.

GAUDETE ET EXSULTATE (REJOICE AND BE GLAD) - TOP 5 TAKE-AWAYS

1.Be Your True Self: no-one else has your sense of humour. No-one else has your way of relating to people. Try and be the best version of yourself, and you will touch people with God's love.
2.Everday Life Can Be Holy: small gestures made in ordinary, everyday life are the hallmarks of “saints next door”.
3.Avoid Dangers: be alert to old heresies! Being a know-all (gnosticism) won't save you, nor will your own efforts at slavishly following rules (pelagianism). Leave room for God's grace to work.
4.Be Kind: don't gossip, stop judging and, most important, stop being cruel. That goes for our online actions too. Don't say online what you wouldn't be prepared to say face-to-face.
5.Carry Your Identity Card: Pope Francis describes the Beatitudes as a Christian's identity card. To be holy is to be poor in spirit, meek, peacemakers, to hunger and thirst for justice, to see and act with mercy.

ANAM CARA BELFAST

...the organisation that supports bereaved parents, is holding a Bereavement Information Evening on Wed 13th Feb at 7:20pm in the Crowne Plaza Hotel, Shaw's Bridge. Free event, open to all bereaved parents. RSVP to info@anamcara.ie before 12th Feb or call 95213120.

CANDLELIGHT ROSARY PROCESSION

..to The Grotto, St. Mary's Church, Chapel Lane on Monday 11th February at 8pm, to pray for the sick, on the Feast of Our Lady of Lourdes, and World Day of the Sick. The procession starts at the same time as the torchlight procession to the Grotto in Lourdes. Procession candles available from 7.45pm.

HOLY ROSARY PARISH

Sunday Night Bingo starting in the new Parish Centre on Sunday 10th February. The weekly event, run on behalf of Good Shepherd Church, by members of Youth Football Club and Bredagh GAC, will raise much needed funds to help pay off the remaining debt for the new Centre and be a great opportunity to meet people and maybe win a few pounds. Doors open at 6.45pm. Light refreshments available.

IRISH LANGUAGE READING GROUP

Meets the 2nd Thurs of the month in Chichester Library. Previous knowledge required. Next meeting Thursday 14th February at 6.30pm.

CHILDREN'S CORNER

The bible retold.....(2)

Adam and Eve had a son Cain, who hated his brother as long as he was Abel. Pretty soon all of the early people died off, except for Methuselah, who lived to be like a million or something.

One of the next important people was Noah, who was a good guy, but one of his kids was kind of a Ham. Noah built a large boat and put his family and some animals on it. He asked some other people to join him, but they said they would have to take a rain check.

After Noah, came Abraham, Isaac, and Jacob. Jacob was more famous than his brother Esau, because Esau sold Jacob his birthmark in exchange for some pot roast. Jacob had a son named Joseph, who wore a really loud sports coat.