

# HOLY FAMILY PARISH

18 March 2018

Fifth Sunday of Lent

Readings: B

Psalter: Week 1



V. Rev. Paul Strain Adm. 90743119

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(Mon-Thurs 8.30am – 2pm, Fri 9am – 1pm)

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## PARISH MASS TIMES & ADORATION

### Holy Family Church

M-F 9.15am, Sat Vigil: 6.30pm, Sun 10am & 12noon

Confessions: Sat 5.45pm – 6.15pm

Adoration: Mon 10am – 4pm

### St Thérèse Church

Mon-Sat: 10am, Sat Vigil: 6pm, Sun 10.30 & 12

Confessions: Sat 5.15pm – 5.45pm

Perpetual Adoration: Sun 1pm – Sat 5.45pm

(Eucharistic Adoration urgently requires people in St Therese Church between Midnight and 6am).

Tridentine Mass in St Thérèse, Sundays at 4pm.

Divine Mercy in Holy Family, Fridays at 3pm.

## REST IN PEACE

Recently Deceased: Angela Bailey, Patrick McDonald & Tom McAnallen

Month's Mind: Eddie Keenan & Brenda Hill

Anniversaries: Patrick Griffin, Sadie Graham, Aaron O'Flaherty, Mena O'Hare, Joe McGuigan, Sarah Bernadette Bradley, Jane & Thomas Moreland, Paddy O'Kane, Thomas O'Kane, Philip Megahey, Florence Heffernan, Kathleen Rea & Gerard McGarrity

## COLLECTIONS

The weekly collection on Sunday 11<sup>th</sup> March came to £3500.31. Your generosity is appreciated.

## PARISH OFFICE

The Parish Office will be closed Monday 19<sup>th</sup> March, for the St Patrick's Day bank holiday.

## SOUND SYSTEM IN HOLY FAMILY

This weekend, we are trialling a new amplification system in Holy Family Church. Your feedback would be appreciated.

## 100 CLUB BUILDING FUND

### WEEK 45

£200 – E Morgan, Lothair Avenue & Roisin O'Neill, Glandore Gardens

£100 – Teresa Tang, Victoria Gardens & Anne Loughran, Lothair Avenue

Promoter's Prize – Frances Kerr

## TAIZE STATIONS OF THE CROSS

Lenten Stations of the Cross on Friday 23<sup>rd</sup> March will be at 8pm in Holy Family Church. At each Station there will be a Biblical reflection followed by a Taize Chant.

Everyone is warmly invited to this special hour of prayer, chant, rest for the soul and mind and an opportunity to prepare for Holy Week. Come along at 8pm and bring your friends. Refreshments will be served afterwards.

## PALM SUNDAY OF THE LORD'S PASSION - SUNDAY 25TH MARCH

Next Sunday, 25<sup>th</sup> March, we will celebrate Palm Sunday of the Lord's Passion and the beginning of Holy Week. All parishioners are invited to bring greenery to Mass and take part in the Entrance Procession.

## PARISH YOUTH FAITH DEVELOPMENT

### GIFT 3 (starting Wed 21<sup>st</sup> March @ 7pm in Holy Family Gathering Space)

For year 10 young people, the programme is filled with fun activities, as well as helping the children learn about themselves and their faith. Forms can be completed on the night. Contact the Parish Office.

## DEVELOPING WORLD GROUP

Lenten supper/lunch will be served next weekend, 24<sup>th</sup> & 25<sup>th</sup> March in Holy Family Gathering Space. All money raised goes directly to Trocaire. We welcome, and very much appreciate, your support.

## NEWINGTON DAY CENTRE

Lenny the dementia friendly barber on Thurs 22<sup>nd</sup> March. Hair cut £10 and hot towel wet shave £8 (2 for £15).

We ask you to help us raise £6000 in 6 weeks - donation of £30 (or whatever you can afford). Contact 90351947

## MASSES IN THE COMING WEEK

### HOLY FAMILY

Sun 25<sup>th</sup> (10am) Eileen & James McGarrity & deceased

members of the McGarrity Family

Sun 25<sup>th</sup> (12 noon) Teresa McIlhaire

### ST THÉRÈSE

Mon 19<sup>th</sup> (10am) Sean Glackin

Wed 21<sup>st</sup> (10am) Mena O'Hare

Thurs 22<sup>nd</sup> (10am) Brenda Hill MM

Fri 23<sup>rd</sup> (10am) Matthew McLarnon

Sat 24<sup>th</sup> (6pm) Elizabeth Bradley

Sun 25<sup>th</sup> (12 noon) Kathleen Boyle

## ONE DAY RETREAT ON LOUGH DERG

Save the date - our 3<sup>rd</sup> Annual Parish One Day Retreat on Lough Derg will be on Sunday 20<sup>th</sup> May 2018. Further details will follow in the Bulletin after Easter

## WORLD MEETING OF FAMILIES 2018

## LENT 2018

### PENITENTIAL SERVICE

In Holy Family Church Palm Sunday, 25<sup>th</sup> March at 7pm.

*"When we recognise our sins and ask forgiveness, there is a celebration in heaven; Jesus celebrates. This is his mercy; do not be discouraged, go forward."*

### Oremus - Lenten Faith Development Programme

Oremus is a guide to Catholic prayer. Running in Holy Family Church at 7.30pm for the remaining 2 Tuesdays of Lent. Not too late to join. Workbook £15. Come along on Tuesday night.

### Early Morning Mass

Monday-Friday in Lent at 7.30am in Holy Family Church.

## STUCK FOR A LENTEN RESOLUTION?

### Prayer:

Adoration perpetually in St Therese, or Holy Family on Mondays

Confession (see bulletin for weekly Confession times)

### Family Prayer:

Grace before meals

Family rosary

### Fasting:

From TV, computer games and social media

From the clenched fist –complaining, gossiping, foul language

From meat every Friday (and maybe Wednesday)

### Almsgiving:

Give your time to a voluntary group in our Parish.

Place a Trocaire box in a prominent place in your home.

Donate to St Vincent de Paul after Sunday Mass

*"...to lend your neighbour a helping hand is to keep the commandments."*

Ecclesiasticus / Sirach 29:1. This St. Patrick's weekend we celebrate the huge change brought about in the developing world which is made possible by the generosity of people in Ireland. Trocaire reached 2.6 million people last year with support – parents trying to feed their children, communities struck by disaster, refugees fleeing conflict, men and women whose rights were being trampled. This support can only be provided by the ongoing solidarity shown by people here at home. [www.trocaire.org](http://www.trocaire.org)

## 40 DAYS RELENTLESS PRAYER

Shalom House is a participant along with other North Belfast churches in the reLENTless prayer project, 40 days of prayer for the needs of North Belfast. Areas of prayer include Family life, Schools, Mental health/addiction and Peace and reconciliation. Prayer stations for each topic for you to have personal private, reflective prayer. Refreshments available.

## FOCOLARE MOVEMENT

Weekend in Stranmillis College 06<sup>th</sup>-08<sup>th</sup> April, with Open Day 07<sup>th</sup> Apr. (£10 donation). Keynote talk from Brian Rowan. Families welcome. Separate programmes for children. email [nirlfoc@focolare.ie](mailto:nirlfoc@focolare.ie), tel. 90661028 or [www.focolare.org/ireland](http://www.focolare.org/ireland)

## THE NEOCATECHUMENATE WAY..

.. thank parishioners for their continued help in raising funds for evangelisation. A total of £143 was raised at St Therese Church last Sunday, with the sale of shamrock.

## COUNTDOWN IS ON: 156 DAYS TO GO

## WORLD MEETING OF FAMILIES 2018



## AT OUR TABLE ~ THINKING GLOBALLY AND ACTING LOCALLY

The Apostolic Society and the Developing World Group would like to thank Parishioners for participating in the Mother's Day At Our Table event in solidarity with the people in Syria, Ethiopia and Kenya currently enduring war, conflict and hunger. The very generous donations of £400 as well as substantial food and other items to the North Belfast Food Bank are very much appreciated.

## WORLD MEETING OF FAMILIES ~ PRAYER

God, our Father, we are brothers and sisters in Jesus your Son, one family, in the Spirit of your love. Bless us with the joy of love. Make us patient and kind, gentle and generous, welcoming to those in need. Help us to live your forgiveness and peace. Protect all families with your loving care, especially those for whom we now pray: [*We pause and remember family members and others by name...*] Increase our faith, strengthen our hope, keep us safe in your love, make us always grateful for the gift of life that we share. This we ask, through Christ our Lord. Amen.

Mary, mother and guide, **pray for us.**

Saint Joseph, father and protector, **pray for us.**

Saints Joachim and Anne, **pray for us.**

Saints Louis and Zélie Martin, **pray for us.**

## DIOCESAN LOURDES PILGRIMAGE (JULY 2018)

Youth and adult forms are available from the Parish Office. 7 nights £725, 5 nights £650 and Youth Team 8<sup>th</sup> – 17<sup>th</sup> July (£590). [www.lourdes@downandconnor.org](mailto:www.lourdes@downandconnor.org)

## FIRST COMMUNION GIFTS

Prayer books, rosaries and accessories are on sale at the Adoration Convent, 63 Falls Road. Also baptism and confirmation gifts and children's books. Open Monday to Friday 9am to 5pm (except 11:30am-2pm). Tel 9024 7175

## IONA INSTITUTE CONFERENCE: 'INTO YOUR HANDS...', ACHIEVING BEST CARE AT LIFE'S END

24<sup>th</sup> March in St Mary's University College. Keynote speaker Baroness Nuala O'Loan. Contact [ionainstituteni@gmail.com](mailto:ionainstituteni@gmail.com)/ 92646861/ [www.ionainstituteni.org](http://www.ionainstituteni.org)

## HANDEL'S MESSIAH

St Katherine's Church, Dunlambert Park, Fri 06<sup>th</sup> April, £15. 07933588355 or [www.merryopera.co.uk](http://www.merryopera.co.uk) or pay at the door.

## QUEEN'S VIOL CONSORT – ST GEORGE'S SINGERS

The Harty Room, QUB, Saturday 24<sup>th</sup> March at 7.30pm. Retiring collection in aid of MindWise.

## CHILDREN'S CORNER

Reilly is walking through a graveyard, when he comes across a headstone with the inscription "Here lies a politician and an honest man." 'Faith now,' exclaims Reilly, 'I wonder how they got the two of them in the one grave!'

HOPE YOU HAD AN ENJOYABLE ST. PATRICK'S DAY