

# HOLY FAMILY PARISH



26 July 2015

17th Sunday of the Year

Sundays: Cycle B

Weekdays: 1 Psalter Week 1

## SPIRITUAL FAST FOOD

There are many things to reflect on in today's Gospel. It is rich in symbolism and you can imagine yourself in the many different characters of the text today. The people who had gathered were hungry in every sense of the word and Jesus and the disciples are faced with a huge dilemma.

When we are faced with a huge challenge, our attitude towards it is key. Some of us are like Philip, stating the facts but unable to see a way out of the situation. Some are like Andrew, who sees the young boy with the small amount of provisions he had, yet he is unable to see how they may be of use. Sometimes we can be the people sitting, hungry, in poverty (physical or spiritual) waiting for someone to come and show us the way.

Have you ever wondered about this young boy? He handed over the little he had, perhaps confused yet hoping it would do something to help the situation they were in. It is a powerful gesture and one that reminds us that it is not the size of the gifts or the expectation of return that is important. How must he have felt when he saw the events unfold? Jesus turns these small resources into something truly amazing.

Very often we can react like Andrew and not see the value in the small gestures. Jesus satisfies the deep hunger within and shows the crowd that he is someone to hope in. We must never think that our small resources and gifts are not enough to do amazing things.



### PRIESTS OF OUR PARISH

PARISH OFFICE: (028) 90743119 email: [holyfamily@downandconnor.org](mailto:holyfamily@downandconnor.org)

(Mon - Thurs 8.30am - 2pm, Fri 9am - 1.45pm)

**Administrator:** Very Rev. Paul Strain Holy Family Presbytery, 226 Limestone Road (028) 90743119

**Curate:** Fr. Paul Morely Holy Family Presbytery, 226 Limestone Road (028) 90743119

**Priest in Residence:** Canon Brendan Murray (028) 90205041

**EMERGENCY TELEPHONE NUMBER: 07778996031**

[www.holy-familyparish.com](http://www.holy-familyparish.com)



### REST IN PEACE

**WE PRAY FOR ALL THOSE WHO DIED RECENTLY:**

Theresa Devenny; Thomas Drain

**FOR THOSE WHOSE MONTHS MIND OCCURS AT THIS TIME**

**FOR THOSE WHOSE ANNIVERSARY OCCURS AT THIS TIME:**

Eugene McGahan; John Griffin; Hugh McLaughlin; Margaret & Maeve Gilfedder; William Delaney; Patricia Mulholland; Eddie Fearon; Patrick & Johnny Boden; Helen Kane; Kathleen Hale; Owen Gallagher; Richard & Rose Gallagher; Clare Donnelly

**ETERNAL REST GRANT UNTO THEM O LORD**



### WEDDINGS

Congratulations to **Lyndsey Bateson & Patrick Butler**, who were married recently, in St Therese Church.

### BAPTISMS

Welcome, to Holy Family Parish, those babies recently baptised:- **Constance May Donaldson; Olivia Rose Brady Hale; Jaden Jordan Flanagan; Brooke Mackenzie McGuigan; Joseph Leo McGuigan & Alfie Lorenz Morelli.**



### ANNIVERSARY MASSES IN THE COMING WEEK

#### **HOLY FAMILY CHURCH**

Tues 28th (9.15am) **William Delaney**

Wed 29th (9.15am) **Clare Donnelly**

#### **ST THERESE CHURCH**

Tues 28th (10am) **Eddie Fearon**

Wed 29th (10am) **Patricia Mulholland**

Fri 31st (10am) **Winnie McCaughey**

### DATE FOR YOUR DIARY

Please keep free Friday 14th August, for a Country & Western show in the Lansdowne Hotel, in aid of the Northern Ireland Hospice. Further details to follow.

### PROJECT ZAMBIA

Project Zambia wishes to thank the priests and parishioners for their generosity last week. £2504.50 was raised following last week's Collection and Hospitality, in St Therese and Holy Family Churches.

### FEAST DAYS IN THE COMING WEEK

Wed 29th - St Martha, sister of Lazarus and Mary, (patron of innkeepers, cooks & dieticians!)

Thurs 30th - St Peter Chrysologus, bishop and doctor of the Church

**Fri 31st - St Ignatius of Loyola, priest**

Sat 01st August - St Alphonsus Liguori, bishop and doctor of the Church

**St Ignatius of Loyola** (1491-1556), from the north of Spain, founded the Society of Jesus. By the time of his death, the Society had spread widely, and had over 1000 members. His great theme was the service of God, and God's greater glory. The experience of his conversion led to his writing of the Spiritual Exercises.









### **PERPETUAL ADORATION (HOLY FAMILY & ST THERESE)**

Extra adorers always welcome, please contact the Parish Office. Additional help is especially required for the summer months, as people take their holiday. Every hour helps, so please contact the Parish Office.

### **FATIMA STATUE**

Available for Parishioners to have in their home for one week, helping to promote the prayer life of the family. Contact Pat on 02890781497.

### **THE FAITH AND LIFE CONVENTION**

The second Faith and Life Convention will be held on Saturday 26th September 2015 in Our Lady and St. Patrick's College, Knock, from 10am. The theme for this year is "What Hope for Faith"?, and the keynote speaker will be Fr Brendan Comerford SJ, online booking. In the afternoon, twenty workshops will be on offer, with a great variety of themes. Online booking is available now at [www.faithandlifeconvention.org](http://www.faithandlifeconvention.org).

### **RETIRED TEACHERS URGENTLY NEEDED, ONE MORNING PER WEEK, IN WEST, NORTH AND SOUTH BELFAST**

The children's special needs charity Sólás has a number of volunteering opportunities, for Retired Teachers, to provide 1:1 support to children, with additional educational needs, in primary schools in West, North and South Belfast. One morning per week, during term time, is required and full induction and ongoing support will be provided. Contact Anne at Sólás on 90247600, 07518 915430 or email [anne@solasbt7.com](mailto:anne@solasbt7.com).

### **BLOOD DONATION SESSION**

Friday 07th August in Cavehill Methodist Church Hall, 2pm - 4pm and 5.15pm - 8pm.

### **BOOKS FOR SALE**

Saints of our Time, by Fr. John Murray. Price £10. Available from the Parish Office.

### **ULSTER YOUTH ORCHESTRA**

*Romantic Giants* in the Ulster Hall on Saturday 22nd August, 7.45pm. Tickets £12.00/£5.00 concession, [www.waterfront.co.uk/](http://www.waterfront.co.uk/) [www.belfastcity.gov.uk/ulsterhall](http://www.belfastcity.gov.uk/ulsterhall) and at the Ulster Hall box office on the evening.

### **ACTION ON HEARING LOSS - HEAR TO HELP**

A free service that includes fixing tubing, advice on use and supply of batteries. It is offered in The Grove Health and Wellbeing Centre on the 2nd Wednesday of every month, 2pm - 4pm, and in Newington Day Centre on Monday 21 Sept, 11am to 12.30pm. Contact Una on 07918721704



### **HOLY FAMILY PARISH 100 CLUB**

#### **BUILDING FUND WEEK 11**

£200 - Dornan Family, Glastonbury Ave, Kathleen McKeivitt, Ponsonby Ave, A Meek, Glantrasna Dr  
Promoter's Prize - Sheila Faloon

#### **BUILDING FUND WEEK 12**

£200 - Mrs Fryers, Lothair Ave, Mrs B Tohill, Somerton Road, Mary Cooper, Lansdowne Road,  
Promoter's Prize - Mairead McGowan



### **LIVING YOUTH PILGRIMAGE TO ITALY**

Sunday 2nd August to Friday 7th August. We pray for our young people, as they prepare to follow in the footsteps of St. Columbanus, through Milan, Piacenza, Bergamo and Bobbio.

### **YOUTH 2000**

Summer festival, Cistercian College, Roscrea, 13th - 16th August. For young people 16-35 - an opportunity to experience the Catholic faith and meet many new people. Donation only. Free buses from all around Ireland. 00353146753690 or [www.youth2000.ie](http://www.youth2000.ie).

### **R.C.I.A**

The Rite of Christian Initiation of Adults is for individuals from any faith background (and none) who want to explore and enquire into the catholic faith. Starting 2nd October, it is a weekly series of classes and discussion covering a wide range of aspects of the catholic faith. Contact Fr. James Boyle or Anne McCrossan - 90320482 or email: [administratorofstmarys@btinternet.com](mailto:administratorofstmarys@btinternet.com)

### **NATIONAL GRANDPARENTS PILGRIMAGE TO KNOCK**

Sunday 13th September. Chief celebrant Bishop Brendan Leahy, Bishop of Limerick. 2.30pm - Anointing of the Sick, 3pm - Pilgrimage Mass, followed by the Rosary. And an invitation to all children to write a prayer for their grandparents. Forward the prayers to the CGA office - [info@catholicgrandparentsassociation.com](mailto:info@catholicgrandparentsassociation.com), all prayers will be blessed at the pilgrimage.

### **POPE BENEDICT XVI's PRAYER FOR GRANDPARENTS**

Lord Jesus, you were born of the Virgin Mary, the daughter of Saints Joachim and Anne. Look with love on grandparents the world over. Protect them! They are a source of enrichment for families, for the Church and for all of society. Support them! As they grow older, may they continue to be for their families strong pillars of Gospel faith, guardian of noble domestic ideals, living treasuries of sound religious traditions. Make them teachers of wisdom and courage, that they may pass on to future generations the fruits of their mature human and spiritual experience. Lord Jesus, help families and society to value the presence and roles of grandparents. May they never be ignored or excluded, but always encounter respect and love. Help them to live serenely and to feel welcomed in all the years of life which you give them. Mary, Mother of all the living, keep grandparents constantly in your care, accompany them on their earthly pilgrimage, and by your prayers, grant that all families may one day be reunited in our heavenly homeland, where you await all humanity for the great embrace of life without end. Amen.



### **MASS TIMES IN HOLY FAMILY PARISH**

**Holy Family Church (all Masses available on webcam via [www.holy-familyparish.com](http://www.holy-familyparish.com))**

Mon-Fri: 9.15am

Sat Vigil: 6.30pm

Sun: 10am & 12 noon

Confessions: Sat 5.45pm - 6.15pm

**Adoration of the Most Holy Eucharist: Mon 10.00am - 4.00pm**

### **St Therese of Lisieux Church**

Mon-Sat: 10.00am

Sat Vigil: 6.00pm

Sun: 10.30am & 12 noon

Confessions: Sat 10.30am - 11.00am and 5.15pm - 5.45pm

Holy Mass in the Extraordinary Form every 3rd Tuesday at 7.00pm and every 2nd Sunday at 6pm

**Perpetual Adoration of the Most Holy Eucharist: Sun 1.00pm - Sat 5.45pm, continuously**