



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am
St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm
St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm
St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)
Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook
Novena to Our Mother of Perpetual Help: Wed 9:15am Mass
First Saturday: 10am (Holy Family)
Taizé Prayer: last Friday of the month 8pm-9pm (Holy Family)

SAINTS OF THE WEEK

Mon. 8th: St Killian
Thurs. 11th: St Benedict, co-patron of Europe
Fri. 12th: Ss Louis & Zélie Martin
(the parents of St. Thérèse of Lisieux)
Sat. 13th: St Henry



"Let all guests who arrive be received like Christ, for He is going to say, 'I came as a guest, and you received Me' (Matt. 25:35)."

St. Benedict

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240
Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com

FOURTEENTH SUNDAY IN ORDINARY TIME

07th July 2024 ❖ Readings: B (II) ❖ Psalter: Week 2



2024
YEAR OF PRAYER

Pope Francis proposed that 2024 should be marked as a year dedicated to prayer in preparation for the Jubilee 2025. Prayer has been a key theme in his Wednesday addresses.

"Dear brothers and sisters, good morning!

In preparation for the next Jubilee, I invited the [faithful] to devote 2024 "to a great 'symphony' of prayer". With today's catechesis, I would like to recall that the Church already possesses a symphony of prayer, whose composer is the Holy Spirit, and it is the Book of Psalms. Like all symphonies, it has various "movements", that is, various genres of prayer: praise, thanksgiving, supplication, lamentation, narration, sapiential reflection, and others, both in the personal form and in the choral form of the whole people. These are songs that the Spirit himself placed on the lips of the Bride, his Church. As I mentioned last time, all the Books of the Bible are inspired by the Holy Spirit, but the Book of Psalms is also so in the sense that it is full of poetic inspiration. The Psalms have had a special place in the New Testament. Indeed, there were and still are editions that combine the New Testament and the Psalms together. On my desk, I have a Ukrainian copy of the New Testament with the Psalms that was sent to me. It belonged to a soldier who died in the war. He prayed with this book at the front. Not all Psalms — and not every part of every Psalm — can be repeated and assimilated by Christians, and even less by modern man. At times, they reflect a historical context and a religious mentality that are no longer ours. This does not mean that they were not inspired, but in some ways, they are linked to a [particular] time and a temporary stage of revelation, as is also the case with a large part of ancient legislation.

What makes the Psalms worthy of our attention is that they were the prayer of Jesus, of Mary, of the Apostles and of all the Christian generations that came before us. When we recite them, God listens to them with that grandiose "orchestration" that is the communion of Saints. According to the Letter to the Hebrews, Jesus, enters the world with a verse from a Psalm in his heart: "Lo, I have come to do thy will, O God" (Heb 10:7; Ps 40:9). And according to the Gospel of Luke, he leaves the world with another verse on his lips: "Father, into thy hands I commit my spirit" (Lk 23:46; cf. Ps 31:6)".

(General Audience, 19th June 2024. See www.vatican.va)



Giving Thanks For Summer

Father, Creator of all, thank You for summer!
Thank you for the warmth of the sun
and the increased daylight.
Thank You for the beauty I see all around me
and for the opportunity to be outside and enjoy Your creation.
Thank You for the increased time I have to be with my friends and family,
and for the more casual pace of the summer season.
Draw me closer to You this summer.
Teach me how I can pray
no matter where I am or what I am doing.
Warm my soul with the awareness of Your presence
and light my path with Your Word and Counsel.
As I enjoy Your creation, create in me
a pure heart and a hunger and a thirst for You.
(www.xavier.edu/jesuitresource, author unknown)



PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on 30th June came to £2,443.04. Thank you for your continued generosity and support. Donations can also be made by standing order, or the website Donate button, or the contactless donation terminals in both churches.

PARISH 100 CLUB. Week 16 winners: Colum Flood, Pat & Bernard McGuinness, Anne McIvor, Clare Cooley & Bridie McCusker (Promoter).

PARISH OFFICE. Will be closed Mon. 08th - Fri. 19th July incl. Bookings for anniversary Masses, baptisms and weddings can be made when the office reopens on Mon 22nd.

ADORATION OF THE BLESSED SACRAMENT. Volunteers sought please for Sundays 6pm -7pm & Fridays 12 noon—1pm. If you could occasionally help cover an hour, during the summer holidays, please leave your details at either church.

PILGRIM PRAYER. Is taking a break during July, and Deacon Brendan will be back online in August.

ORDINATION Congratulations to Fr Chris Gault OP, who was ordained for the Dominican Order on Saturday 06th July. Fr Chris will celebrate his first Mass in the parish in St Thérèse Church, at 7pm on Friday 19th July. Refreshments will be served afterwards in Blessed Trinity College's Somerton Site. Everyone is very welcome.

LOUGH DERG THREE DAY PILGRIMAGE. Runs until 15th August. Booking advised. at www.loughderg.org, email info@loughderg.org or telephone 00353719861518.

KNOCK SHRINE. Details of the summer programme can be found at www.knockshrine.ie, or on the posters in either church.

KITCHEN ASSISTANT SOUGHT. For the Dominican Sisters, Fortwilliam. 10 hours pw. CVs to caitrionaionahouse@gmail.com or phone Caitriona on 028 9037 0008.

CARAVAGGIO'S PAINTINGS AT THE ULSTER MUSEUM

Two famous paintings by the artist Michelangelo Merisi da Caravaggio (1571-1610) are currently on display in the Ulster Museum. 'The Supper at Emmaus' (1601) is on loan from the National Gallery in London, and 'The Taking of Christ' is on loan from the National Gallery of Ireland in Dublin. Both paintings very rarely travel, and they have hardly ever been seen together, since the first quarter of the 17th century. The bringing together of these two rare artworks gives everyone a rare chance to see these masterpieces. The exhibition continues until 1st September 2024, at the Ulster Museum. Admission is free, and you do not need to book. The paintings are well worth seeing.

MASS INTENTIONS

Sat 06 (6pm): Patrick McDermott Snr
Sun 07 (9am): Priest's Intention
Sun 07 (10.30am): Margaret & Winnie McCann
Sun 07 (12Noon): Bridget McCaughey
Mon 08: Priest's Intention
Tue 09: Daulat Khursetjee
Wed 10: Priest's Intention
Thu 11: Priest's Intention
Fri 12: Priest's Intention
Sat 13 (10am): Priest's Intention



For more information and resources:
www.holy-familyparish.com

REST IN PEACE

Recently Deceased: Joseph Burns

Month's Mind: Joan Madden

Anniversaries: Patrick McDermott Snr, Margaret & Winnie McCann, Bridget McCaughey, Daulat Khursetjee, Michael McQuillan, N.U. Joseph, Eddie McHenry, Mary McGarrity, Ann Burke, James McGarrity, Ellen McGarrity, Eileen Ferguson

Eternal rest grant unto them, O Lord!

