



Holy Family Parish

A praying, caring community, centred in Christ

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am
St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm
St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm
St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)
Pilgrim Prayer: Tuesday 8pm on Parish website & Facebook
Novena to Our Mother of Perpetual Help: Wed 9:15am Mass
First Saturday: 10am (Holy Family)
Taizé Prayer: last Friday of the month 8pm-9pm (Holy Family)

SAINTS OF THE WEEK

Mon 29: Ss Martha, Mary & Lazarus
Tue 30: St Peter Chrysologus
Wed 31: St Ignatius of Loyola
Thu 1: St Alphonsus Liguori



"O child of God, why do you think so little of yourself when God thinks so highly of you?"

St Peter Chrysologus

CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP, Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07802458240
Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com

SEVENTEENTH SUNDAY IN ORDINARY TIME

28th July 2024 ❖ Readings: B (II) ❖ Psalter: Week 1



2024
YEAR OF PRAYER

Pope Francis proposed that 2024 should be marked as a year dedicated to prayer in preparation for the Jubilee 2025. Prayer has been a key theme in his Wednesday addresses.

'Dear brothers and sisters, good morning! I can't hear you!

Today is International Day against Drug Abuse and Illicit Trafficking, which was established by the United Nations General Assembly in 1987. This year's theme is The evidence is Clear: Invest in Prevention.

Saint John Paul II affirmed that "drug abuse impoverishes every community where it exists. It diminishes human strength and moral fibre. It undermines esteemed values. It destroys the will to live and to contribute to a better society". This drives the abuse of drugs and the use of drugs. At the same time, however, let us remember that each addict "has a unique personal story and must be listened to, understood, loved, and, insofar as possible, healed and purified... They continue to possess, more than ever, a dignity as children of God". Everyone has dignity.

However, we cannot ignore the evil intentions and actions of drug dealers and traffickers. They are murderers! Pope Benedict XVI used stern words during a visit to a rehabilitation centre: "I therefore urge the drug dealers to reflect on the grave harm they are inflicting on countless young people and on adults from every level of society: God will call you to account for your deeds. Human dignity cannot be trampled upon in this way". And drugs trample on human dignity'.

(General Audience, 26th June 2024. See www.vatican.va)



Summer Activities

Take time to claim your strength; they are gifts of God.
Take time to have fun; it's God's way of teaching you your strengths.
Take time to grow yourself; only you can grow you.
Take time to trust yourself; God trusts you.
Take time to be self-reliant; it is better than being dependent.
Take time to share with others; they will bless you, and you will bless them.
Take time to have hope, you are a child of God.

Let's put ourselves into the hands of the Lord, and pray that God will bless us and our families during the wonderful months of summer. May we all help make our home a place of relaxation, joy, love, peace and safety. May we be generous and considerate, not thinking only about ourselves, but helping others enjoy the blessings of summertime. Lord God, Creator of all things, guide our steps and strengthen our hearts, during these months of summer and vacation days. Grant us refreshment of mind and body. We ask this through Christ our Lord.

(www.xavier.edu/jesuit resource)



PARISH NEWS & EVENTS

WEEKLY OFFERING. Recent weekly collections: 7th July: £4,053.51 weekly & £2,104.20 monthly; 14th July: £1,777.87 weekly and 21st July: £1,856.05 weekly & £221.91 Diocesan Pastoral Services. Thank you for your continued generosity and support. Donations can also be made by standing order, or the website Donate button, or the contactless donation terminals in both churches.

PARISH 100 CLUB. Week 19 winners: Angela Mullin, Joe Reynolds, Mr & Mrs Turner, Philomena Costello & Bernie Konrad (Promoter).

ADORATION OF THE BLESSED SACRAMENT. Volunteers sought please for Sundays 6pm -7pm & Fridays 12 noon—1pm. If you could occasionally help cover an hour, during the summer holidays, please contact the parish office.

FIRST SATURDAY DEVOTIONS. In Holy Family Church on 3 August. 10am Adoration of the Blessed Sacrament, Confession and Act of Consecration. Mass at 11am.

TRÓCAIRE UPDATE. Following donations of an additional £1,001.09, Trócaire have sent a letter of thanks to Holy Family Parish "for your steadfast heart for humanity".

TAIZÉ CANDLELIT MASS RELAUNCH. Sunday 18th August at 6pm, in St Patrick's Church. Tea & coffee afterwards in the Belfast Jesuit Centre.

LIGHT THE FIRE Outdoor Mass on Sunday 4th August, at Ballintubber Abbey, Mayo, where St Patrick baptized the first Irish Christians. Bus leaves St Michael the Archangel Parish. See Latest News, or contact 02895904304/stmichaels@downandconnor.org.

CLERGY HEALTH & WELLBEING OFFICER SOUGHT. For the Diocese of Down and Connor. See Latest News, or www.downandconnor.org. Closing date 18th August.

QUALIFIED CARE ASSISTANTS SOUGHT. For the Dominican Sisters, Fortwilliam. Please send a CV to caitrionaionahouse@gmail.com, or phone Caitriona on 02890370008.

CARAVAGGIO'S PAINTINGS AT THE ULSTER MUSEUM

Two famous paintings by the artist Michelangelo Merisi da Caravaggio (1571-1610) are currently on display in the Ulster Museum. 'The Supper at Emmaus' (1601) is on loan from the National Gallery in London, and 'The Taking of Christ' is on loan from the National Gallery of Ireland in Dublin. Both paintings very rarely travel, and they have hardly ever been seen together, since the first quarter of the 17th century. The bringing together of these two rare artworks, gives everyone a rare chance to see these masterpieces. The exhibition continues until 1st September 2024, at the Ulster Museum. Admission is free, and you do not need to book. The paintings are well worth seeing.

MASS INTENTIONS

Sat 27 (6pm): Joe Mathews
Sun 28 (9am): Priest's Intention
Sun 28 (10.30am): Patrick McGuinness
Sun 28 (12Noon): Eugene McGahan & John Masterson

Mon 29: Priest's Intention
Tue 30: Priest's Intention
Wed 31: Winnie McCaughey
Thu 1: Priest's Intention
Fri 2: Edward Bannon



For more information and resources:
www.holy-familyparish.com

REST IN PEACE

Recently Deceased: Paul McMahon, Conor Carson, Charles Hill, Malachy Darling & Eileen Gibney
Anniversaries: Paddy & Johnny Boden, Patricia Mulholland, William Tolan (1st), Frankie Burns, Edward Bannon, Winifred O'Callaghan, Kathleen Blackham, Rhona McGaughey, Frank Norton, Owen A. Gallagher, Una Gallagher, Roisin McMullan, Sean Caughey, Joe Bradley, Joe Mathews, Patrick McGuinness, Eugene McGahan, John Masterson, Winnie McCaughey & Oliver Morris

Eternal rest grant unto them, O Lord!

