



# Holy Family Parish

*A praying, caring community, centred in Christ*

A member of the North Belfast Pastoral Community: comprising the parishes of Holy Cross, Holy Family, Sacred Heart, St Patrick's & St Vincent de Paul

## MASS SCHEDULE

### SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am  
St Thérèse of Lisieux Church: 9am & 12noon

### WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday  
St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

### SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm  
St Thérèse of Lisieux Church: Saturday after 10am Mass

### BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm  
St Thérèse of Lisieux Church: Sundays at 1pm

### DEVOTIONS

**Eucharistic Adoration:** Daily 10am-10pm (St Thérèse)  
**Novena to Our Mother of Perpetual Help:** Wed 9:15am Mass  
**Pilgrim Prayer:** Tuesday 8pm on Parish Facebook page  
**Rosary:** 20mins before Mass Wednesday & Saturday  
**First Saturday:** 10am (Holy Family)

## SAINTS OF THE WEEK

Mon 10: St Scholastica  
Tue 11: Our Lady of Lourdes  
Fri 14: Ss Cyril and Methodius



*"At Lourdes, Our Lady used me as a broom to remove the dust. When the work is done, the broom is put behind the door again."*

St Bernadette

## CONTACT INFORMATION

**Parish Clergy:** Very Rev. Michael Spence PP, Rev. John O'Lavery CC & Rev. Deacon Brendan Dowd  
**Parish Telephone (Office hours):** 90743119  
**Office hours:** Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm  
**Address:** 226-228 Limestone Road, Belfast BT15 3AP  
**Emergency Sick Calls only (24hrs):** 07928968773 (new)  
**Society of St Vincent de Paul (Helpline):** 028 90351561  
**Email:** holyfamily@downandconnor.org  
**Website & Webcam:** www.holy-familyparish.com

## FIFTH SUNDAY IN ORDINARY TIME

9 February 2025 ❖ Readings: C (I)

Psalter: Week I



### JUBILEE 2025

"Hope does not disappoint" (Rom 5:5), but strengthens us in times of trial.

"Dear brothers and sisters,

We are celebrating the 33rd World Day of the Sick in the Jubilee Year 2025, in which the Church invites us to become "pilgrims of hope"... When Jesus sent the seventy-two disciples out on mission (cf. Lk 10:1-9), he told them to proclaim to the sick: 'The kingdom of God has come near to you' He asks them, in other words, to help the sick to see their infirmity, however painful and incomprehensible it may be, as an opportunity to encounter the Lord.... God does not abandon us and often amazes us by granting us a strength that we never expected, and would never have found on our own...

...Places of suffering are frequently also places of sharing and mutual enrichment. How often, at the bedside of the sick, do we learn to hope! How often, by our closeness to those who suffer, do we learn to have faith! How often, when we care for those in need, do we discover love! We realize that we are "angels" of hope, and messengers of God for one another...

...We need to learn how to appreciate the beauty and significance of these grace-filled encounters. We need to learn how to cherish the gentle smile of a nurse, the gratitude and trust of a patient, the caring face of a doctor or volunteer, or the anxious and expectant look of a spouse, a child, a grandchild or a dear friend. All these are rays of light to be treasured; even amid the dark night of adversity, they give us strength, while at the same time teaching us the deeper meaning of life, in love and closeness (cf. Lk 10:25-37).

(Message of Pope Francis for World Day of the Sick, 11<sup>th</sup> February 2025).



### CELEBRATING THE CENTENARY OF THE CANONISATION OF ST THÉRÈSE OF LISIEUX PARISH PILGRIMAGE TO LISIEUX

Holy Family parish pilgrimage 10<sup>th</sup>-15<sup>th</sup> June 2025. The price of £895 per person sharing includes:- flights from Dublin to Paris, accommodation, breakfast and dinner, transport throughout the pilgrimage, guides etc. Please contact the parish office for further information.

For those interested in finding out more about St Thérèse, Bishop Robert Barron has produced a short video, accessible on the parish Facebook page, or on Youtube, at <https://www.youtube.com/watch?v=O7EJc94SfQg&t=688s>

*St Thérèse of Lisieux, pray for us*

**DOWN & CONNOR PILGRIMAGE TO LOURDES 2025:** Celebrating the Jubilee Year and our 40th Annual Diocesan Pilgrimage: 9/10 – 15th/16th July. 5 & 7 Night options available. Please visit [www.downandconnor.org/lourdes](http://www.downandconnor.org/lourdes) for more information or call the Pilgrimage Office on (028) 9077 0162 or email [lourdes@downandconnor.org](mailto:lourdes@downandconnor.org) Youth Team (9-16th July): applications now open (see Latest News or Diocesan website for details). Forms are also available from the parish office.



## PARISH NEWS & EVENTS

**WEEKLY OFFERING.** The weekly collection on Sunday 2<sup>nd</sup> February came to £2,663.57, and the monthly collection for the priests of our parish was £2,621.07. Thank you for your continued generosity and support. Collection offerings can be made by standing order, or via the Donate button on the website. Contactless donation terminals are also in operation in both churches.

**PARISH 100 CLUB.** Week 47 winners: Betty McAuley, Marie McGurk, Cecilia Begley, Joe Magee & Angela Mullin (Promoter). We would kindly remind promoters, and members who pay straight into the parish office, to submit their final monies please to the parish office, as soon as possible.

**EUCCHARISTIC ADORATION.** Adorer needed please for Fridays 11am-12noon, and Sundays 9pm –10pm. Please contact the parish office.

**CONFIRMATION.** We congratulate the P.7 children of Holy Family P.S. and St Thérèse of Lisieux P.S, who celebrated their Confirmation this past week.

**RECHARGE.** For ages 18-35, to "recharge" the spiritual batteries. St Colmcille's Church, Ballyhackamore, on 1<sup>st</sup> & 3<sup>rd</sup> Tuesday of each month, at 7.30pm.

**BELFAST JESUIT CENTRE.** Join us on Thursday 13<sup>th</sup> Feb at 7pm, for an evening of cinematic exploration at our Faith & Film Club, as we screen "Mary" (DJ Caruso 2024). Light refreshments will be provided. A voluntary donation of £3-£5 per person is suggested. Visit [www.belfastjesuitcentre.org](http://www.belfastjesuitcentre.org) to register.

**ANNUAL DIVINE MERCY CONFERENCE.** RDS Dublin, 21<sup>st</sup> – 23<sup>rd</sup> February 2025. See Latest News for the conference programme.

**OPENING THE BIBLE.** An introductory course for those who wish to know more, and those unsure where to begin. [www.tarsusscriptureschool.ie](http://www.tarsusscriptureschool.ie)

**BOOK LAUNCH.** *The Rock From Which You Were Hewn: The Lives and Legacy of Holy Irish Men and Women.* Sunday 16<sup>th</sup> February at 12.30pm in Church of the Immaculate Heart of Mary. [www.cenaclepress.com](http://www.cenaclepress.com)

**ANAM CARA.** Visit Latest News for dates of monthly meetings for bereaved parents. For details of online support group meetings, email [info@anamcara.ie](mailto:info@anamcara.ie)

**THE BIG KNIT!** Knitting for Age NI. For every hat knitted, Age NI receives 30p. Call 028 9024 5729, email [bigknit@ageni.org](mailto:bigknit@ageni.org) or visit [www.ageni.org/thebigknit](http://www.ageni.org/thebigknit)

## MASS INTENTIONS

Sat 8 (6pm):	John Martin
Sun 9 (9am):	Catherine (Kate) Boyle (1st)
Sun 9 (10.30am):	Anne Cochrane (1st)
Sun 9 (12Noon):	Pat Quail
Mon 10:	Kathleen McGahan
Tue 11:	Priest's Intention
Wed 12:	Priest's Intention
Thurs 13:	Priest's Intention
Fri 14:	Eamonn McEntee
Sat 15:	Marian Girvan (RIP Dec 2024)



For more information and resources:  
[www.holy-familyparish.com](http://www.holy-familyparish.com)

## REST IN PEACE

**Recently Deceased:** Gerald McKee, Michael Hasson, Michael Caulfield, Frank Fitzsimons, Canon Noel Conway, Fr Brendan Smyth, Patrick Amadi,  
**Anniversaries:** John Martin, Catherine (Kate) Boyle (1<sup>st</sup>), Anne Cochrane (1<sup>st</sup>), Pat Quail, Kathleen McGahan, Eamonn McEntee, Patricia Burns, Pauline Cooke, Margaret Matthews, John Matthews, Geordie McDade, Joe McNicholl

*Eternal rest grant unto them, O Lord!*

